We’re a statewide coalition committed to ending sexual violence – in all its forms – against teens in New Mexico. **And we want you and your community to join us** . . . because this is an issue that affects all of us. Since we’re all committed to the well-being of young people in New Mexico, who better than us?
Talking with teens about sexual violence and healthy relationships isn’t reserved just for health teachers and parents. It doesn’t have to be a formal, lengthy, and uncomfortable lecture, either.

Make teen time count: Share some solid advice. Have a conversation, small or big. Help teens understand and practice healthy relationships. If you’re not sure what to say or how to say it — and, don’t worry, you’re not alone — we’ve got you covered with our tools and tips.
If you’re around teens a lot (if you’re reading this, we’re guessing you are), you already know that they notice what you do and how you act. They take cues from you. **So, when you role model healthy social norms, teens observe and learn how to interact in healthy ways.** These are things like stating you don’t tolerate sexual violence, responding quickly to other violence and bullying, avoiding negative stereotypes about gender, and using gender neutral language.
We all have a role to play in preventing sexual violence.

Are you with us?

We're communities from across the state that work together to end sexual violence.

Be a part of the movement!

itstartswithusNM.org

Sexual violence is a broad term and includes rape, incest, child sexual abuse, intimate partner violence, sexual exploitation, human trafficking, unwanted sexual contact, sexual harassment, exposure, and voyeurism.

(National Sexual Violence Resource Center)